

DANCE INSTRUCTION VIDEOS



DI VTV 792.8 BAL

BALLET FOR CHILDREN & ADULTS: WITH KATHRYN ANDERSON

A guide to classical ballet. Learn to perform all the basic positions and movements. You will also learn some French, the international language of ballet. The French terms will be explained and spelled out on the screen as the movements are performed.

DI VTV 793.33 BAL

BALLROOM

Teaches three traditionally standard ballroom dances: foxtrot, waltz, and cha cha. For beginning and intermediate students.

DI VTV 793.33 BAL

BALLROOM DANCING: ADVANCED

Shows the viewer how to develop better leading and following techniques, balance and personal style, also how to improve your dancing skills and increase your confidence as you learn the finer points of ballroom dancing.

DI VTV 793.33 BAL

BALLROOM DANCING FOR BEGINNERS

Teaches the basic techniques of ballroom dancing and includes patterns for the fox trot, tango, waltz, rumba, cha-cha, and swing.

DI VTV 793.33 BAL

BALLROOM DANCING: INTERMEDIATE

Designed for those who want to increase their dancing skills beyond the beginner's level. Covers techniques for fox trot, cha-cha, tango, waltz, rumba, and swing. Includes blank-screen segments at end with music for practicing the various dances.

DI VTV 793.33 BRI

BRING BACK THE ROMANCE OF DANCE: INSTRUCTION TAPE

"For the new generation of ballroom dancers"

DI VTV 793.31 CEL

CELTIC FEET: IRISH DANCING STEP BY STEP WITH COLIN DUNNE

Colin Dunne, star of Riverdance, along with members of The Celtic Feet Dance Company clearly and concisely explain the basics of Irish dance and how you can learn to dance just like Colin. Or you can just sit back and enjoy this unique dance video filled with the dazzling tradition and special magic of the Emerald Isles.

DI VTV 793.3 CHR

CHRISTY LANE'S HOT NEW LINE DANCES

Easy to learn step-by-step instructions to America's hottest country line dances. Includes Hip-hop, Black velvet, Tumbleweed, and Cowboy Hip-hop.

DI VTV 793.3 CHR

CHRISTY LANE'S MORE HOT NEW LINE DANCES

Christy Lane skillfully teaches the newest line dances with enthusiasm and humor; Romeo -- Cowboy motion -- Ghostbusters -- Boot scootin' boogie II.

DI VTV 793.3 CHR

CHRISTY LANE'S SURVIVING THE COUNTRY DANCE FLOOR

Christy Lane shows the way to not only survive, but shine in country partner dancing.

DI VTV 793.3 COU

COUNTRY/WESTERN

Cotton-eyed Joe -- Texas two-step -- San Antonio polka -- ten-step polka -- Tennessee stomp. Complicated dance moves of five dances will be broken down into the patterns which all will be able to understand.

DI VTV 793.3 DAN

DANCETIME!: 500 YEARS OF SOCIAL DANCE

v.1. 15th - 19th centuries - - v. 2. 20th century.

Volume one features dance from the 15th through 19th centuries touring dance and music from the courts of Italy, France, England and the grand ballrooms of America. Volume 2 features dance from the 20th century covering American social dance from ragtime to rock.

DI VTV 793.33 HOW

HOW TO DANCE THROUGH TIME. VOLUME I. THE ROMANCE OF MID-19TH CENTURY COUPLE DANCES

Instructor, Carol Tetan.

Instruction on mid-19th century ballroom couple dances. Covered in this program are: the waltz, the gallop, the polka, the schottische, and the polka mazurka. Each dance segment is introduced by a brief presentation of historical information.

DI VTV 793.33 HOW

HOW TO DANCE THROUGH TIME. VOLUME II. DANCES OF THE RAGTIME ERA. 1910-1920

Instructor, Carol Tetan.

Provides 44 step combinations and instructions to help viewers learn to dance the most popular social dances of the early 20th century. Covered in this program are: animal dances, castle walk, tango, maxixe, hesitation waltz. Each dance segment is introduced by a brief presentation of historical information.

DI VTV 793.33 HOW

HOW TO DANCE THROUGH TIME. VOLUME III. THE MAJESTY OF RENAISSANCE DANCE

Instructor, Carol Teten.

Shows the intricacies of an Italian court dance suite (Nido d'Amore), which mirrors the episodic changes of courtship. The Renaissance era is also introduced with historical dance information, accompanied by original illustrations.

DI VTV 793.33 HOW

HOW TO DANCE THROUGH TIME. VOLUME IV. THE ELEGANCE OF BAROQUE SOCIAL DANCE

Instructor, Carol Teten.

Shows how to dance the most influential social dances of the French Baroque court. Minuet, allemande, and contredance are demonstrated by dancers with detailed step analysis. Authentic music is performed and fashions of the Baroque era are worn by the dancers. Each dance is introduced with historical information, accompanied by original illustrations.

DI VTV 793.33 HOW

HOW TO DANCE THROUGH TIME. VOLUME V . VICTORIAN ERA COUPLE DANCES

Instructor, Carol Tetan.

Re-visit the classic 19th century couple dances and explore 32 innovative step variations with the waltz, polka, galop and the mazurka.

DI VTV 793.33 HOW

HOW TO DANCE THROUGH TIME. VOLUME VI , A 19TH CENTURY BALL: THE Charm Of Group Dances

Instructor, Carol Tetan.

Group dances in the ballroom -- the grand march, the lancers quadrille and the cotillon.

DI VTV 793.33 INT

AN INTRODUCTION TO BRING BACK THE ROMANCE OF DANCE: INSTRUCTION SERIES

Nancy Hays and Greg Gale teach beginning steps to standard ballroom dances -- fox trot, swing, tango, waltz, rumba, and cha cha.

DI VTV 793.31 KAL

KALEJDOSKOP FOLKLORYSTYCZNY (POLISH FOLK DANCE & SNGS)

Features folk dances and songs from many different regions of Poland performed by authentic folk groups in national dress.

DI VTV 793.33 LAT

LATIN DANCES FOR LOVERS

2 videocassettes

Tape 1. Tango for two -- Tape 2. Samba.

Contains lessons for dancing the tango and samba.

DI VTV 793.3 LEA

LEARN TO COUNTRY LINE DANCE. VOLUME I

Achy breaky - - Boot scootin' boogie - - Sugartown - - Six shooter - - Waltz across Texas.

Get out on the dance floor and do some foot-stompin' country dances. Instructor, Judi McDonald.

DI VTV 793.3 LEA

LEARN TO COUNTRY LINE DANCE. VOLUME 3

Slappin' leather -- Honky tonk stomp -- Cowboy motion -- Walkin' wazi -- Country strut.

DI VTV 793.33 LET

LET'S LEARN HOW TO DANCE JITTERBUG

Instructed by Kathy Blake & Gene Russo

DI VTV 793.33 LET

LET'S LEARN HOW TO DANCE JITTERBUG II

DI VTV 793.33 LET

LET'S LEARN HOW TO DANCE JITTERBUG III

DI VTV 793.33 LET

LET'S LEARN HOW TO DANCE RUMBA

Instructors: Kathy Blake and Giancarlo Costa

Instruction and demonstration by this dance team on how to dance rumba.

DI VTV 793.33 LET

LET'S LEARN HOW TO DANCE THE WALTZ

Kathy Blake and Gene Russo demonstrate the basic and variations on basics for ballroom waltzing.

DI VTV 793.33 LET

LET'S SWING

These lessons cover the three most popular swing styles: West Coast swing, L.A. hustle, and jitterbug.

Tape 1. West Coast swing and L.A. hustle -- Tape 2. East Coast swing/Jitterbug

DI VTV 793.3 LIN

LINE DANCING FOR SENIORS

"Volume 1 - Beginners" Join Dr. Grant Longley, instructor, as he guides a class step-by-step through five dances. Learn the basic steps and practice them as the dances become progressively more difficult.

DI VTV 793.31 NAJ

A NAJMILSZE JEST MAZOWSZE (MAZOWSZE IS THE NICEST)

Polish song and dance ensemble.

Made-for-camera performance of dances and songs from different regions of Poland.

DI VTV 793.33 SWI

SWING & BOP

An introduction to dancing to the music of the 1950's and 1960's for beginning and intermediate students.

DI VTV 793.33 SWI

SWING DANCING WITH TERESA MASON

West coast swing - - East coast swing - - Lindy - - Jitterbug - - Jive.

Ballroom dance champion Teresa Mason teaches the basic steps for the most popular swing dances and also includes styling tips.

DI VTV 793.33 TAN

TANGO

Arthur Murray dance lessons: Tango. Learn to dance the romantic fiery tango.

DI VTV 793.33 WED

WEDDING DANCES: EASY LESSONS FOR YOUR SPECIAL DAY WITH TERESA MASON

Features five of the most popular dances, including waltz, tango, fox trot, rumba and cha-cha.

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