



## ...FOR YOUNG ADULTS

### DATING AND SUCH

646.77 KEL

*Dating and relating : a guy's guide to girls*

by Tara Kelly

Discusses boys' relationships to girls as they begin

adolescence, including puberty, friendships, & dating.

RACK PAC

*Highs!: Over 150 Ways to Feel Really, Really Good... Without Alcohol or Other Drugs*

by Alex J. Packer

Describes more than 150 safe, creative, and natural ways to find contentment, pleasure, excitement, insight, or peace without the use of alcohol or drugs.

395.123 PAC

*How Rude!: The Teenagers' Guide to Good Manners, Proper Behavior, and Not Grossing People Out*, by Alex J. Packer

A humorous but practical guide to good manners and social skills, discussing such areas as family life, behavior in public, manners in school, eating, and clothes.

YRACK CAM

*60 clues about-- guys!: a guide to feelings, flirting, and falling in like*, by Roxanne Camron

Breezy advice for girls devoted to helping them interpret the actions of the male species and develop healthy attitudes about relationships.

### FOOD & HEALTH

641.5083 CAR

*Teens Cook : how to cook what you want to eat*, by Meghan and Jill Carle with Judi Carle

Two teens and their mother share their favorite recipes and preparation tips.

\*\*Also try *Teens Cook Dessert* (641.86 CAR)

641.5636 BAT

*Munchie Madness : vegetarian meals for teens*, recipes by Dorothy Bates, Bobbie Hinman, & Robert Oser

Learn to prepare delicious and healthy meals sans meat.

RACK SHA

*What's that smell? (Oh, it's me.) : 50 mortifying situations and how to deal*, by Tucker Shaw

Need to know how to get out of horrible, embarrassing situations?

This one provides solutions for 50 different self-esteem nightmares.

617.1027 SPO

*Sports injuries information for teens : health tips about sports injuries and injury prevention*, edited by Joyce Brennfleck Shannon.

613.2 DIE

*Diet information for teens : health tips about diet and nutrition including facts about dietary guidelines, food groups, nutrients, healthy meals, snacks, weight control, medical concerns related to diet, and more*, edited by Karen Bellenir

### JOBS

YRACK COO

*Teen Dream Jobs : how to get the job you really want now!*, by Nora Coon

YRACK PAS

*Cool Careers for Girls Series*, by Ceel Pasternak

Profiles women in interesting careers such as computers, engineering, health, animals, food, and construction.

YRACK LAR

*Bones rock! : everything you need to know to be a paleontologist*, by Peter Larson & Kristin Donnan.

*Career Ideas for Teens Series*

Provides guidance on a variety of career options, including education, technology, arts, and law.

794.8 OLE

*Video Game Designer*, by Walter Oleksy

Details what kind of education and skills it takes to become a video game designer and what kind of work you can expect to do.

### MEMOIRS

305.23082 AHM

*The Story of My Life : an Afghan girl on the other side of the sky*, by Farah Ahmedi with Tamim Ansary

Farah Ahmedi was born in Afghanistan and grew up with the constant sounds of gun fire. After stepping on a land mine, she moved to Chicago, and to an entirely different way of life.

919.89 ALE

*The Endurance: Shackleton's Legendary Antarctic Expedition*, by Caroline Alexander

This marvelously illustrated book details Sir Ernest Shackleton's ill-fated attempt to cross the South Pole by boat.

362.82 WAL

*The Glass Castle: a memoir*, by Jeannette Walls

Tells the story of Jeannette Walls, who grew up with two mostly nomadic parents who often left her and her 3 siblings to their own devices.

RACK VIZ (2nd Floor)

**Teen Angst?Naah...a quasi-autobiography**

by Ned Vizzini

A collection of essays written by the author from age fifteen to seventeen in which he shares impressions of school, sports, cool people, boring people, friends, family, money, music, and obsessions.

812.045 WIT

**With their eyes : September 11th, the view from a high school at ground zero**, edited by Annie Thoms

Students from Stuyvesant High School in New York City write about their experiences before, during, and after the September 11th attacks.

## MUSIC

YRACK LOM (YA Biography)

**The History of Rap Music**, by Cookie Lommel

Traces the development of rap music from origins in the hip hop of the 1970s through various controversies to its widespread popularity in the 1990s

780.7 NAT

**The Young Musician's Survival Guide: Tips from Teens and Pros**, by Amy Nathan

Combining advice from teens with tips from well-known professional musicians, the author addresses topics like practice, difficult teachers, and balancing music with the rest of your life.

784.54 ROL

**Rolling Stone Raves : What Your Rock & Roll Favorites Favor**, compiled by Anthony Bozza

A compilation of raves columns from *Rolling Stone* magazine, featuring the favorite musicians, foods, and authors of today's popular stars.

## POETRY

811.54 FLE

**Buried Alive: The Elements of Love**

By Ralph Fletcher

A collection of poems exploring multiple facets and manifestations of love.

YRACK PAI

**Paint me like I am : teen poems**, from WritersCorp

Race, crushes and addiction are some of the topics covered in those poetry book written by urban teens.

YFIC What

**What Have You Lost?**

Poems selected by Naomi Shihab Nye

A collection of poems that explore all kinds of loss.

## SCHOOL

371.1009 COD

**Educating Esme: Diary of a Teacher's First Year**

By Esme Raji Codell

This book follows the development of a 24-year-old first year teacher of fifth graders in inner city Chicago.

371.04 GRE

**Teenagers' Guide to School Outside the Box**

by Rebecca Greene

In this "alternative learning" guide, the author discusses the benefits of volunteering, summer internships, studying abroad and more.

## SCIENCE

616.07 MCC

**The Head Bone's Connected to the Neck Bone : the Weird, Wacky, and Wonderful x-ray**, by Carla Killough McClafferty.

Learn the follies and successes of the early days, as well as some current applications of the X-ray.

595.796 HOL / RACK HOL

**Journey to the Ants: a Story of Scientific Exploration**

By Bert Holldobler and Edward O. Wilson

Part overview of entomology, part autobiography, this books is filled with information about the industrious ant, with dozens of full color photographs.

599.352 MAR

**Oh, Rats! : the story of rats and people**, by Albert Marrin

Get ready to look at rats in a whole new way. These intelligent, compassionate creatures are greatly misunderstood.

## SPORTS

796.22 BRO

**Concrete Wave: the History of Skateboarding**

by Michael Brooke

Contains the history of skateboarding as well as interviews with well known skaters Tony Alva & Tony Hawk.

796.09 MCC

**Sports : An Illustrated History**, by David McComb

Surveys the history of athletic competition from the time of ancient civilizations through the twentieth century.

YRACK SHA (YA Biography)

**Mia Hamm**, by J. Sharkey

Biography of Mia Hamm, U.S. women's soccer star. Includes a glossary of soccer terms, a photo section, and a fact-sheet for quick reference.

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